

Patient-Centered Mental Health in Pediatric Primary Care

About the Presenters

The course will be facilitated by faculty from The REsource for Advancing Children's Mental Health Institute (thereachinstitute.org). REACH is a non-profit organization dedicated to ensuring that the most effective, scientifically-proven mental health care reaches all children and families.

Training Description*

Participants will learn to diagnose and treat the mental health conditions being seen in every day practice. Participants will also learn about referring to appropriate supportive interventions such as cognitive behavioral therapy. The training will provide tools that can be used immediately such as

- Validated assessments to gather data from patients and families
- Clinical guidelines for differential diagnosis
- Quick-reference medication guides
- Sample referral forms

Target Audience

Pediatricians, family physicians, nurse practitioners, and physician assistants, psychologists, licensed clinical social workers, licensed mental health counselors

Training Objectives

- Correctly identify and differentiate among pediatric behavioral health problems such as depression, ADHD, bipolar disorder, anxiety states (including PTSD), oppositional and conduct disorders, and psychosis.
- Effectively manage psychopharmacology: select medications, initiate and taper dosages, monitor improvements, and identify and minimize medication side effects.
- Create and implement a treatment plan by mobilizing existing resources like family members, school personnel, and other professional caregivers.

*Participants can earn up to 28.5 CME credits for completing both components of the course:

- 16.25 hours for participation in the 3-day, face-to-face course
- 12.0 hours for participation in a six-month case-based follow-up program (virtual)

Dates:

June 27th – 29th, 2025

Location: Virtual

Registration Deadline:

June 9th, 2025

Limited to first 50 participants

[Click here to register](#)

Or



Registration is mandatory.

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